

**THE MULTIDISCIPLINARY TEAM
(MDT) MEMBERS MAY INCLUDE:**

OCCUPATIONAL THERAPIST (OT)

The role of the OT is to assess children for independence in routine daily skills such as dressing and using cutlery. A plan of care is formulated by the OT with input from the parents/guardians.

PHYSIOTHERAPIST

The role of the Physiotherapist is to assess physical movement with a view to achieving maximum physical independence through treatment and education. A plan of care is formulated with input from the parents/guardians.

SPEECH and LANGUAGE THERAPIST

The Speech and Language Therapist assesses the child's ability to communicate and/or his/her ability to eat and drink. A plan of care to deal with any associated problems is then formulated.

SOCIAL WORKER

The Social Worker provides support advice and information in relation to services and entitlements in the hospital and community.



**CLINICAL NURSE SPECIALIST (CNS)
IN CHILDREN'S NEUROLOGY**

The CNS in Children's Neurology provides the following services to patients, parents/guardians and families:

- provides a link between hospital & families
- meets children and their families at the neurology outpatient clinic.
- acts as a liaison between the child, his/her family, members of the MDT and community services.
- provides support and advice to crèches, schools, clubs, Public Health Nurses and family doctors.
- can discuss/clarify test results with families
- provides a telephone service where patients and parents/guardians can call for advice.

The CNS in Children's Neurology can be contacted on **01. 4142237** during the following times:

**MONDAY, TUESDAY and FRIDAY from
8 am to 12 midday and**

THURSDAY from 8 am to 4 pm.

Please leave a message and your call will be returned as soon as possible.

Developed by Ann Connolly, Paediatric Neurology Dept AMNCH
Print and Design by Medical Photography and Illustration Dept AMNCH



***CHILDREN'S
NEUROLOGY
OUTPATIENT
SERVICE***



Statement of Values

**Respect - Caring - Openness -
Partnership - Teamwork Fairness &
Equality**

**THE ADELAIDE & MEATH
HOSPITAL, DUBLIN
INCORPORATING THE NATIONAL CHILDRENS
HOSPITAL**

YOUR APPOINTMENT WITH THE NEUROLOGY DOCTOR

On arrival to the Children's Outpatient Department you and your child must check in at the Reception desk.

Your child will be called by a nurse to have his/her weight and height checked. Then you will both be shown to the Neurology Clinic waiting area.

On the first visit your child will meet the neurology doctors. The doctors will discuss with you and your child the reason for the visit.

The neurology doctor will examine your child. Your child may need to have some more tests done and/or to see other hospital staff known as the multidisciplinary team (MDT). If necessary, appointments may be made for your child after this first visit.

If your child has had tests carried out before, the neurology doctor or nurse may be able to give you results of these. Based on these results, and with your help, the neurology doctor and nurse will develop an on-going plan of care for your child.

WHAT TESTS COULD BE SENT FOR:

The following are the most common tests that neurology patients may need to have. Not all children will need all these tests.

ELECTROENCEPHALOGRAM

An Electroencephalogram (EEG) is a recording of your brain activity. Small sticky pads called electrodes are applied on the head using paste and attached to a recorder. The test takes about 30 minutes and does not hurt.

An EEG may be requested on the day of your child's outpatient appointment and may take a few weeks to organise. If your child is less than 13 years old, he/she may need to go to Our Lady's Children's Hospital in Crumlin to have this test done. If your child is 13 years or older the test will be done here in the NCH.



MAGNETIC RESONANCE IMAGING

Magnetic Resonance Imaging (MRI) is a special type of scan used to look inside the body. A large circular machine is used to take the pictures.

This test does not hurt, however it can be a bit noisy. During the scan your child must lie still within a tunnel for about 30 minutes. He/she will be asked not to move during the scan. Your child can bring his/her favorite music CD with him/her to listen to during the scan.

Smaller children may need medication or an anaesthetic to make them sleepy so they can lie still during the scan..

An MRI may be requested on the day of your outpatient appointment and may take a few weeks to organise.

BLOOD TESTS

Your child may need to have some blood tests taken. The blood sample will be taken in the Children's Phlebotomy Clinic on the day of your outpatient appointment. We can use special "magic cream" on your child's arm before the test to numb the skin so it doesn't hurt.