

AMNCH SPINAL REFERRAL FORM



Patient Details

First Name _____
 Surname _____
 Hospital Number _____
 Address _____

GP Details

Name _____
 Address _____

 Phone No _____
 Signature _____

Date of Birth ____/____/____

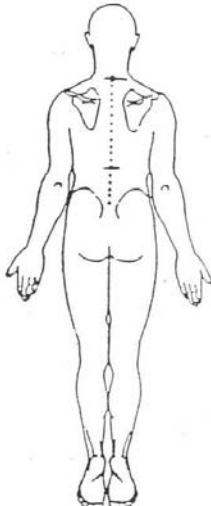
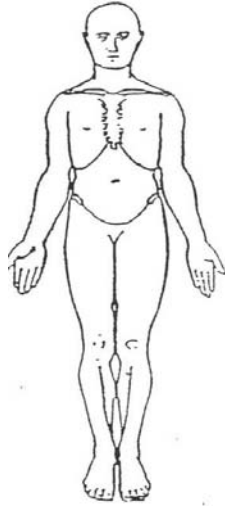
Phone No _____

Occupation _____ Currently working? Yes No If not, for how long? _____

Is there a Medicolegal Claim Pending? Yes No

Clinical Presentation _____

Please draw on the bodychart the area(s) where the patient is experiencing pain.
 Mark with an X any areas of paraesthesia and/or numbness.



Radiation to Upper Limbs Yes No
 Below Elbow Yes No

Radiation to Lower Limbs Yes No
 Below Knee Yes No

Pain is worse in the Back Leg
 Neck Arm

Duration of Symptoms	Back/Neck	Leg/Arm
Less than 6 weeks	<input type="checkbox"/>	<input type="checkbox"/>
6 weeks-3 months	<input type="checkbox"/>	<input type="checkbox"/>
4-6 months	<input type="checkbox"/>	<input type="checkbox"/>
7-12 months	<input type="checkbox"/>	<input type="checkbox"/>
> 1 year	<input type="checkbox"/>	<input type="checkbox"/>

Neurological Signs

Sensory Loss Yes No Level _____
 Muscle Weakness Yes No Level _____
 Altered Reflexes Yes No Level _____

Positive SLR R: _____ L: _____
 If SLR limited, is this because of back pain / leg pain

Results of Investigations: e.g. Xray, MRI, Bloods, Please attach results of relevant investigations

Drug Treatments: _____

Relevant Medical History: _____

Psychosocial risk factors: Anxiety, depression, fear-avoidance

for developing chronic disability present? Yes No If Yes, Please Outline _____

****Please provide sufficient information to facilitate the appropriate triage categorisation for this patient****

Please fax completed forms to 01-4145889
 Please phone 01-4145958 with any additional queries

Red Flags (i.e. indicators of possible serious spinal pathology) Yes No

Saddle Anaesthesia Yes No

Bladder/Bowel Disturbance Yes No

If yes, a PR exam should be performed. If any suspicious immediate referral to the Emergency Department is indicated.

- | | |
|---|---|
| <input type="checkbox"/> Sudden Unexplained Weight Loss | <input type="checkbox"/> PMHx of Cancer, Steroids, HIV |
| <input type="checkbox"/> Night Sweats | <input type="checkbox"/> Non Mechanical Pain |
| <input type="checkbox"/> Worsening Malaise | <input type="checkbox"/> Fever |
| <input type="checkbox"/> Recent trauma | <input type="checkbox"/> Haemarthrosis |
| <input type="checkbox"/> Worsening Deformity | <input type="checkbox"/> Raised ESR/CRP |
| <input type="checkbox"/> Thoracic Pain | <input type="checkbox"/> Night Pain (requiring the patient to get out of bed) |

Inflammatory Presentation Yes No

- | | | |
|--|------------|---|
| <input type="checkbox"/> Better with exercise, worse with rest | History of | <input type="checkbox"/> Iritis/Uveitis |
| <input type="checkbox"/> AM Stiffness > 30 min (_____ Hrs) | | <input type="checkbox"/> Psoriasis |
| <input type="checkbox"/> Multiple Joint Pain | | <input type="checkbox"/> Inflammatory Bowel Disease |
| <input type="checkbox"/> Alternating buttock pain | | <input type="checkbox"/> Urethritis |
| <input type="checkbox"/> Night Pain | | <input type="checkbox"/> Recent infection |

Investigations: The following blood tests should be done in all patients with suspected inflammatory arthritis arthritis: **ESR, CRP**

Previous Treatments for Back Pain and Outcome:

(Ideally, unless urgent, your patient should access Physiotherapy Services prior to referral to this clinic)

Physiotherapy Yes No Outcome _____

Other Treatments (e.g. Surgery, Pain Injections, Acupuncture, Alternative Treatments)

Previous medications _____

Consultant Contact Yes No Outcome _____

Interpreter required (For non-English speaking patients) Yes No Language (Please Specify) _____

GP Priority: Immediate Urgent Routine

G.P. Destination: Ortho Pain Rheum BPSC

For Office Use Only

Date Received in Triage Clinic: _____

Destination: Ortho Pain Rheum BPSC

Date Processed: ___/___/___

Categorisation: Cat A. Cat. B Cat. C

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